

<b>Module Code:</b>	SIR603
---------------------	--------

<b>Module Title:</b>	Integrated Clinical Practice in Sports
----------------------	--

<b>Level:</b>	6	<b>Credit Value:</b>	40
---------------	---	----------------------	----

<b>Cost Centre(s):</b>	GANG	<b>JACS3 code:</b>	C630
		<b>HECoS code:</b>	100475

<b>Faculty</b>	Social & Life Sciences	<b>Module Leader:</b>	Vic Graham
----------------	------------------------	-----------------------	------------

Scheduled learning and teaching hours	24 hrs
Guided independent study	226 hrs
Placement	Minimum 150 hrs
<b>Module duration (total hours)</b>	400 hrs

<b>Programme(s) in which to be offered (not including exit awards)</b>	Core	Option
BSc (Hons) Sports Injury Rehabilitation	✓	<input type="checkbox"/>

<b>Pre-requisites</b>
Completion of Level 4 & 5 of the Programme

**Office use only**

Initial approval: 14/02/2019  
 With effect from: 23/09/2019  
 Date and details of revision:

Version no: 1

Version no:

## Module Aims

1. Prepare students to deal with complex sports injury rehabilitation situations systematically and make sound judgements within the boundaries of their own practice to contribute to the person-centred assessment, planning, management and evaluation of care for clients/service-users with a range of injuries/requirements.
2. Enable the continuing development of high level professional and transferable skills and attributes in problem solving and personal initiative within the sports rehabilitation setting.

## Intended Learning Outcomes

### Key skills for employability

KS1	Written, oral and media communication skills
KS2	Leadership, team working and networking skills
KS3	Opportunity, creativity and problem-solving skills
KS4	Information technology skills and digital literacy
KS5	Information management skills
KS6	Research skills
KS7	Intercultural and sustainability skills
KS8	Career management skills
KS9	Learning to learn (managing personal and professional development, self-management)
KS10	Numeracy

### At the end of this module, students will be able to

### Key Skills

At the end of this module, students will be able to		Key Skills	
1	Assess and reflect upon their practise in sports rehabilitation	KS1	KS2
		KS3	KS8
		KS9	
2	Examine current clinical practise modalities in sports rehabilitation	KS1	KS2
		KS3	KS5
		KS6	KS9
3	Compare current sports injury rehabilitation and link to PSRB professional competencies	KS1	KS2
		KS3	KS5
		KS6	KS9
4	Prepare for professional practice/employability in sports injury rehabilitation upon completion of programme	KS1	KS2
		KS3	KS6
		KS8	KS9

### Transferable skills and other attributes

Take part in discussions and communicate effectively  
Work as part of a team  
Engage in personal development planning  
Develop I.T. skills  
Work independently  
CV writing

**Derogations**

Must pass the pass/fail placement elements (hours and portfolio document) and gain >40% in the reflective case study assessment.

**Assessment:**

Indicative Assessment Tasks:

This assessment will constitute two case studies of clients from clinical practice. Students will present the complexities of the client's case and reflect upon it, considering their holistic needs.

**Please note:**

All elements of assessment must be attempted and passed (BASRaT, 2016), there is no compensation between elements or modules.

Any work submitted which indicates unsafe practice by the student, or which breaches anonymity and/or confidentiality, will be deemed a refer.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration or Word count (or equivalent if appropriate)
1	1-4	Reflective Practice	100%	2 x 1500 words
2	1-4	Portfolio	Pass/fail	
3	1-4	Placement Hours	Pass/fail	Min. 150 hours

**Learning and Teaching Strategies:**

The students' learning will include a close link between theory and practice. Classroom teaching will be supplemented by a close relationship between the student and the mentor who will be responsible for directing the learning in practice. Class time will include discussions and group work, case studies and scenarios.

**Syllabus outline:**

Clinical history taking and patient communication,  
patient consent,  
principles of clinical examination,  
management appropriate to the student's field of practice, including where appropriate carer/relative involvement (e.g. cardiac conditions),  
referrals to other professionals,  
professional boundaries,  
entrepreneurship,  
career options.

**Indicative Bibliography:**

**Essential reading**

Shultz, S.J., Houglum, P.A. & Perrin, D.H., 2016. *Examination of musculoskeletal injuries* Fourth Ed. Champaign, IL : Human Kinetics

**This book is available from the library in the Edward Llwyd Centre, Main Campus**

**Other indicative reading**

Anderson, M.K., 2003. *Fundamentals of sports injury management* 2nd ed., Philadelphia: Lippincott Williams & Wilkins.

Himmat Dhillon, Sidak Dhillon & Mandeep S Dhillon, 2017. Current concepts in sports injury rehabilitation. *Indian Journal of Orthopaedics*, 51(5), pp.529–536.

Wojtys, E.M., 2017. Sports Injury Prevention. *Sports Health: A Multidisciplinary Approach*, 9(2), pp.106–107.